

# Swedish Weightlifting Federation invites you to the Youth and Junior Nordic Championships

Halmstad, Sweden  
November 29-30 2025



**ELEIKO**



Date	November 29-30 2025
Competition venue	Eleiko Halmstad Klastorpsvägen 18, 302 62 Halmstad
Accommodations	Hotel Good Morning Halmstad Prästvägen 1, 302 63 Halmstad
Preliminary schedule	Friday: Arrival of the delegations Saturday: Weigh in 08:00 - 09:00, competition starts at 10:00 Sunday: Weigh in 08:00 - 09:00, competition starts at 10:00  A definitive time schedule will be determined after NWF's technical meeting along with Verification of Final entry. All delegation will receive an invitation by email to attend the meeting.
Competition rules	Competition will be held according to the rules of the Nordic Weightlifting Federation and the International Weightlifting Federation.
Accreditation	The accreditation procedures will be done at arrival at Hotel Good Morning Halmstad.
Transportation	We will provide transfer services on site from the hotel to the competition venue and back.  How to get to Halmstad by public transport  Stockholm Arlanda Airport to Halmstad C - <a href="http://www.sj.se">www.sj.se</a> Kastrup Airport to Halmstad C - <a href="https://www.skanetrafiken.se/">https://www.skanetrafiken.se/</a> Local bus transportation in Halmstad - <a href="https://www.hallandstrafiken.se/">https://www.hallandstrafiken.se/</a>
Entries	Preliminary Entry Forms Must be returned to the Organizing Committee <a href="mailto:office@tyngdlyftning.org">office@tyngdlyftning.org</a> before the 29 of September 2025.  Final Entry Forms Must be returned to the Organizing Committee <a href="mailto:office@tyngdlyftning.org">office@tyngdlyftning.org</a> before the 29th of October 2025.

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## Fees

Accommodation fees including full board and banquet Saturday evening for two days (Friday-Sunday). Dinner Friday, breakfast, lunch and banquet Saturday, breakfast and lunch Sunday.

Single room - 450€ per person  
Double room - 350€ per person  
No entry fee. A minimum of 2 days stay is required.

Fees are to be paid simultaneously with submission of Final Entry to;  
SWEDBANK  
IBAN: SE8480000890119838346766  
BIC(SWIFT) SWEDSESS

## Insurance

All Federations must undertake full moral and financial responsibility for their respective delegations regarding health and in case of accidents and damages.

## Awards

Gold, silver and bronze medals will be awarded for the first, second and third places respectively in the total.  
The best male and the best female will receive a special award.  
The best team (men and women) will receive a team award.  
Don't forget to bring the team awards with you!

## Further information

For the need off further information, please contact the Swedish Weightlifting Federation;  
[office@tyngdlyftning.org](mailto:office@tyngdlyftning.org)

The competition is organized according to the rules and regulation of the NWF and IWF.

On behalf of the Swedish Weightlifting Federation and Eleiko Halmstad we wish you all welcome and hope to see you in Halmstad!

Best regards,  
Sebastian Nurmi  
General Secretary  
Swedish Weightlifting federation

Best regards,  
Helene Johage  
President  
Swedish Weightlifting Federation